

## When waterfalls wake up (spring 2023)

In the spring people want to be closer to nature, to see her awakening, with her scoop out the earth vitality, to feel free of all superficial and fussy. One of the most wonderful places for spring excursion is Altai - a wonderful place, the gold reserves of Russia, UNESCO World Heritage Site, which is great value for geologists and archaeologists. One of the most wonderful places for spring excursion is Altai - a wonderful place, the gold reserves of Russia, UNESCO World Heritage Site, which is great value for geologists and archaeologists. No wonder this is where were found numerous rock paintings under the age of 4 thousand years, which no longer exist today animals, fantastic stories and everyday life stories - people have chosen these places since ancient times and considered them sacred. Modern man, as well as ancient, Altai attracts harmony of nature, the mountains and the flowing river from them, sometimes forming a lake of great beauty. It is no secret that a spring - a time when even the small mountain rivers rage and foam, ferrying to the fertile valleys huge mass of water formed by melting snow and glaciers. This is the best time watch the local rivers, lakes and waterfalls.

### Trip Description

Type of tourism: Trekking. Children from the age of 14 can join tour, but only accompanied by adult.

Duration: 6 days

Duration of active part: 6 days

Number of members: 5 - 10 person

The length of the active part: auto (1832 km / 1362km) + on foot (80 km)

Number of guides: 1- 2 guides

### Daily itinerary

1 day	<b>TRANSFER GORNO-ALTAISK - UST-KOKSA.</b> Departure from Gorno-Altai (airport) at 11:00 am. (local time, difference with Moscow +4 hours) The road passes through the well-known Chuya Highway among rocky ridges of the Altai Mountains, followed by Kanskaya steppe in Uymonskaya valley. Arriving in Ust-Koksa village to the tourist complex at 5.00 p.m. Dinner.	Travel mode: Bus/minibus Distance : 375 km Meals: Cafe on the road (not included), cafe in the hotel (included) Accommodation: Hotel
2 day	<b>RADIAL EXIT TO THE MAYAK MOUNTAIN.</b> Radial exit to the Mayak mountain. After lunch we visit the handcraft House. A master class on making an amulet doll.	Distance : 8 km Meals: Breakfast and dinner in cafe, lunchbox Accommodation: Hotel
3 day	<b>MEETING WITH A HERBALIST</b> A meeting with an herbalist and an informative story about the healing properties of herbs of the Altai Mountains will finish with a tea ceremony and tasting of the most fragrant herbal teas with alpine honey. Picnic. Rest. Dinner in the evening.	Distance auto, on foot: 40 km, 1-2 km Meals: Breakfast and dinner in cafe, picnic Accommodation: Hotel
4 day	<b>Excursion to Multa lake</b> 09.00 Breakfast. Start. Ascent along the river Multa to Lower Multinskoe Lake. On the way there are a lot of mushrooms and berries. Going out to the lake, located at an altitude of 1710 meters. The mirror-like surface of the lake, 2370 meters long and up to 900 meters wide, in quiet weather reflects the clouds floating in the blue sky and the tops of the nearby mountains. Usually, there is grayling in the lake. After picnic trekking to Middle Multinskoe Lake. Return to Ust-Koksa for dinner.	Travel mode: GAZ-66 + on foot Distance : 115 km + 7 km Meals: Breakfast and dinner in cafe, picnic Accommodation: Hotel

5 day	<b>Tuyungur. Belukha mountain</b> Today we will go to the village of Tyungur. We will see one of the most beautiful and harmonious sights of the Altai region, the highest peak of the Altai Mountains – Belukha. In fact, the mountain has two peaks in the form of irregular pyramids – the Western and Eastern Belukha (4440 and 4506 m) with a lower saddle part between. The mountain is indeed almost entirely covered with sparkling snow and glaciers that feed the most beautiful and largest river of the Altai Mountains – Katun. Ascent to the observation deck on Mount Blade – the point with a panoramic view of Belukha. Transfer to the Tyurgunda gorge. There are stone statues here and confluence of the Lake and Katun river.	Travel mode: auto, on foot Distance: 120 km + 5 km Meals: Cooked on fire Accommodation: Hotel
6 day	<b>Transfer to Gorno-Altai</b> After breakfast half-day excursion to village of Verkhniy Uymon, one of the oldest villages of Ust-Koksinsky district. The village was founded by old believers about 300 years ago. There are two museums in the village: the Museum of Local History named by N.K. Roerich and the Museum of Old Belief. After lunch lunch departure to Gorno-Altai at 15:00 (local time, the difference with Moscow +4 hours). Arrival in Gorno-Altaysk at 21.00. Hotel accommodation (by yourself) Recommended hotels: "Lyubimyi" (S. Maima), "Igman" (Gorno-Altaysk). Transfer to the airport by yourself. Taxi Maxim +7 (38822) 2-44-44 (Estimated cost 200 rubles).	Travel mode: Bus/minibus Distance: 60 km, 375 km Meals: Breakfast and lunch in cafe, meal on the way by yourself Accommodation: -
7 day	<b>Transfer to the airport</b> Transfer to the airport at your own expense	

## Dates & Prices

29-04-2023 - 04-05-2023, days total: 6, price: 42 210

05-05-2023 - 10-05-2023, days total: 6, price: 42 210

Transfer to Ust-Koksa:

Gorno-Altai - Ust-Koksa - Gorno-Altai - 5600 rub.

**Early booking! The cost is valid for 100% payment until 03/31/2023.**

**42 210 rubles - Economy class** (accommodation in a 2-3-bedroom with bathroom for the block of 3 rooms).

**45 450 rubles - Standard class** (accommodation in a double room with amenities).

**50 040 rubles - Comfort class** (accommodation in a Junior Suite room with amenities)

**10% discount for children under 14 years**

**Cost from 01.04.2023 - 37 100 rubles.**

**46 900 rubles - Economy class** (accommodation in a 2-3-bedroom with bathroom for the block of 3 rooms).

**50 500 rubles - Standard class** (accommodation in a double room with amenities).

**55 600 rubles - Comfort class** (accommodation in a Junior Suite room with amenities)

**Single accommodation**

The surcharge for single accommodation is 9900 rubles (Economy class).

The surcharge for single accommodation is 13,500 rubles (Standard class, on request)

The surcharge for single accommodation is 18,600 rubles (Junior Suite class, on request)

## TRIP DESCRIPTION

In the spring people want to be closer to nature, to see her awakening, with her scoop out the earth vitality, to feel free of all superficial and fussy. One of the most wonderful places for spring excursion is Altai - a wonderful place, the gold reserves of Russia, UNESCO World Heritage Site, which is great value for geologists and archaeologists. One of the most wonderful places for spring excursion is Altai - a wonderful place, the gold reserves of Russia, UNESCO World Heritage Site, which is great value for geologists and archaeologists. No wonder this is where were found numerous rock paintings under the age of 4 thousand years, which no longer exist today animals, fantastic stories and everyday life stories - people have chosen these places since ancient times and considered them sacred. Modern man, as well as ancient, Altai attracts harmony of nature, the mountains and the flowing river from them, sometimes forming a lake of great beauty. It is no secret that a spring - a time when even the small mountain rivers rage and foam, ferrying to the fertile valleys huge mass of water formed by melting snow and glaciers. This is the best time watch the local rivers, lakes and waterfalls.

One of the most attractive places for tourists is cascade of Multinskiye Lakes on the territory of Ust-Koksa district of the Altai Republic. In the headwater of the Multa River and its tributaries is a unique treasure of water, formed by ancient glaciers, which not only pits dug for the lakes, but also dragged along boulders, moraine, which after they stop and retreat was the dam for Multa River. There are rare species of plants and begins Katun Biosphere Reserve.

Cascade of Multinskije Lakes includes Lower Multinskoye Lake, Middle Multinskoye Lake, Upper Multinskoye Lake, Poperechnoye Lake, Upper Poperechnoye Lake, Kuyguk Lake and Krepkoye Lake. Lower Multinskoye Lake is the biggest one - greenish milky rectangle of length 2370 meters and width - 700 meters. The maximum depth of the Lower Multinskoye Lake is 20 meters, the water on the surface warms up to +15,5 ° C. Along the western shore of the Lower Multinskoye Lake the path you can go to the Shumi. Shumi - is unique in its beauty of land about 150 meters from the large boulders, some places where the cedars grow. Between these boulders Shumi erupts Multa River flowing from Middle Multinskoye Lake. In fact Shumi - a boundary of the Lower and Middle lakes formed by moraine. Kuyguk Lake ending with a beautiful 30-meters Kuyguk waterfall. A spur of the Krepkiye Lakes at the Katun Range are Proezdnye Lakes which striking in their austere beauty. The largest Proezdnoye Lake surrounded by huge stones, rocks, glaciers, it is striking in its severity. The height is 2300m. The length of the lake is about one kilometer in width is about 500 meters, lake has a dark blue color. Headwater of the Proezdnaya River abound in waterfalls .

All these unique beauty of Altai pearls can be seen during the tour "When waterfalls wake up". The tour includes a visit to one of the oldest villages of Ust-Koksa district - Verhniy Uymon. The village is one of the oldest settlements in the area and was founded by religious group of Old-Believers more than 300 years ago. There are two museums in Verhniy Uymon village: Ethnographical museum named after famous artist Rerih and Museum of Old-Believers' religious traditions and culture

Features of the route:

- Our route specially laid on the amazing picturesque places to allow photo and video enthusiasts to take unique pictures as a memory of the visit Altai Mountains.
- Throughout the route our professional, unique and extraordinary tour guides, which are already more than 10 years accompany tourists on our routes and deserve sincere love and gratitude on the part of tourists, will take care of you and feed you delicious food cooked on fire.
- We provide transportation service from another cities (Novosibirsk, Barnaul) to the starting point of the route .
- The route is a trekking along mountain paths, which does not require special skills but requires good physical condition. We don't recommend take this tour to people in need of constant medical supervision. Children from the age of 14 can join tour, but only accompanied by an adult, from 16 years old and older can travel alone.
- Our tour guides have a first aid kit with necessary medications in the camping set. Don't forget take specific medications you need. Plasters, bandages and cough drop also necessary.
- Food is cooked on fire or on gas (in places where there is no firewood). Our guides cook a food but you can take part of it. The menu includes: canned meat, fish, peas, maize, canned beans, oil, cereals, pasta, cheese, sausage, bacon, vegetables, fruits, cream, raisins, dried apricots, nuts, chocolate, tea, coffee, cocoa, condensed milk, sweets, biscuits, bread, crackers.
- The program can be changed due to objective reasons: weather conditions, emergency recommendations etc.

## WHAT TO PACK

**What to pack:**

- Down jacket or a warm jacket
- Waterproof clothing (raincoat, jacket, pants)

- Trekking shoes
- Sneakers and shale (light slippers)
- Personal sitting mat
- Warm sport suit and a warm hat
- Cotton gloves
- T-Shirts (2 - 3 pieces).
- Shorts
- Woolen socks (2 pairs)
- Thin socks (3-4 pairs)
- Sun cap
- Sunglasses and sunblocking cream
- Swimsuit / trunks
- Flashlight
- Jackknife
- Batteries for your devices
- Personal set of dishes
- Personal hygiene items
- Medicine: plasters, bandages, elastic bandages, iodine, painkillers etc.

Please keep in your mind!

For entry in the Ust-Koksinsky district, foreign citizens must provide some relevant documents to cross the border zone, 60 days prior the proposed date of entry!

Foreign citizens should submit the following documents to travel agency:

- copy of passport
- address
- phone number
- information on the work site (name, address, phone number)