

## The Land of Lakes (summer 2020)

Tour begins with a walk along beautiful river of Altai - Akchan river. It originates from the lake between Multa and Kuragan, and after 25 km flows into the Katun river. After admiring the spectacular views, tourists will go to the valley of the Sarybel river. There is a sacred Altai mountain Kolban (3130 m), which has a very regular shape resembling a pyramid without the top and about ten turquoise lakes beside the mountain. Tourists will come to two of that lakes through the valley of the Sarybel river. Base camp will be set there to make radial trips to the most beautiful places - to the valley of the Nine lakes and valley of Kyrgyz lake, located on a high plateau (2,150 m above sea level). Exploring the area of the sacred mountain, the tourists come to the source of Akchan river - that turquoise lake surrounded by boulders, visit Alla-Askyr lake with amazingly blue water, surrounded by harsh mountain peaks. Also, the tourists will visit the Kuyguk lake with its 30-meter waterfall, and will visit the village of Old Believers - Upper Uimon, one of the oldest villages of Ust-Koksinsky district founded in the 17th century by Old Believers. There are Rerih Museum and the Old Believers Museum in the village.

### Trip Description

Type of tourism: Trekking (requires good physical condition). Children from the age of 14 can join tour, but only accompanied by adult

Duration: 11 days

Duration of active part: 8 days

Number of members: 5-15 person

Number of guides: 1-2 guides

The length of the active part: Auto (1824 / 1354 km) + trekking (102 km)

### Daily itinerary

0 day	<b>Novosibirsk - Ust-Koksa</b> Departure from Novosibirsk at 20:00. Point of departure - Sovetskaya street, 65 (local time, UTC/GMT+7). Barnaul - Ust-Koksa. Departure from Barnaul at 23:50. Point of departure - "Tsentralnaya" hotel (local time, UTC/GMT+7).	Mode of travel: Bus, minibus Distance: 875 km, 640 km Meals: Accommodation: -
1 day	<b>GORNO-ALTAISK - UST-KOKSA</b> Departure from Gorno-Altai at 9.00-11.00 a.m. The road passes through the well-known Chuya Highway among rocky ridges of the Altai Mountains, followed by Kanskaya steppe in Uymonskaya valley. Arriving at Ust-Koksa village to the tourist complex. Lunch. Getting equipment. Safety-awareness briefing. Dinner, acquaintance party.	Mode of travel: Bus, minibus Distance: 375 Meals: Lunch and dinner - in cafe Accommodation: Tents
2 day	<b>Trekking along Akchan river</b> Early awakening. Breakfast at 09.00 a.m. Transfer to Multa at 11.00 a.m. Start trekking to Akchan river.	Mode of travel: Auto/on foot/horses Distance: 41 km, 13 km Meals: Breakfast - in cafe, lunch and dinner - cooked on fire Accommodation: Tents
3 day	<b>Trekking to the Sarybel' river valley.</b> Camping at two turquoise lakes beside Kolban mountain.	Mode of travel: On foot/horses Distance: 15 km Meals: Three meals a day, cooking on fire Accommodation: Tents
4 day	<b>Tour to the valley of the Nine lakes.</b>	Mode of travel: On foot Distance: 12 km Meals: Three meals a day, cooking on fire Accommodation: Tents

5 day	<b>Tour to the valley of Kyrgyz lake</b> The Lake located on a high plateau (2,150 m above sea level), water transparency up to seven meters.	Mode of travel: On foot Distance: 11 km Meals: Three meals a day, cooking on fire Accommodation: Tents
6 day	<b>Tour to the source of Akchan river</b> Turquoise Akchan lake surrounded by boulders and lies under the Kolban mountain (3145 m). Altay people believes that the mountain is sacred place and assigns it a number of interesting and romantic legends.	Mode of travel: On foot Distance: 12 km Meals: Three meals a day, cooking on fire Accommodation: Tents
7 day	<b>Tour to the Alla-Askyr lake and Suroviy pass</b> Suroviy pass connects Akchan river and Alla-Askyr river.	Mode of travel: On foot Distance: 14 km Meals: Three meals a day, cooking on fire Accommodation: Tents
8 day	<b>Tour to the Kuiguk pass (2520 m) and Kuiguk lake.</b> The road passes by the mirror of the lake, a cascade of small waterfalls on the alpine tundra grasses. From the pass is clearly visible mountain Kolban. Overnight at the waterfall Kuiguk, which reaches a height of 30 m.	Mode of travel: On foot Distance: 9 km Meals: Three meals a day, cooking on fire Accommodation: Tents
9 day	<b>Coming back to Multa-Maralnik villages</b> Walking down the Multa river. Transfer to Ust-Koksa. Equipment returns. Rest.	Mode of travel: On foot+auto Distance: 16 km, 41 km Meals: Breakfast and lunch - cooked on fire, dinner in cafe Accommodation: Tents
10 day	<b>Rest</b> Breakfast. Handing over the equipment. Free time. For additional fee the interested persons can choose either horseback riding in the vicinity or 2-hour rafting. Lunch. After lunch - excursion to Verkhniy Uymon village, which is one of the oldest villages in the Ust-Koksinsky area. The village was founded by Old Believers about 300 years ago. It has two museums: Local History Museum named after N.K. Roerich and Old Belief Museum. After the excursions, departure to Barnaul/Novosibirsk at 17:00 (UTC/GMT+7). Departure to Gorno-Altai at 21.00.	Mode of travel: Bus, minibus Distance: 640 km, 875 km, 375 Meals: Breakfast and lunch - in cafe Accommodation: -
11 day	<b>Arrival to Barnaul/Novosibirsk/Gorno-Altai</b> Estimated arrival in Barnaul - 7:00, in Novosibirsk - 10:00 (UTC/GMT+7), in Gorno-Altai - 3.00	Mode of travel: Bus, minibus Distance: - Meals: Breakfast - in cafe Accommodation: -

## Dates & Prices

07-07-2020 - 17-07-2020, days total: 9, price: 27 300

## WHAT'S INCLUDED

### The tour includes:

- 3 meals a day (except for the meals on the way to Ust-Koksa and back)
- Tour guides
- Tour service
- Group and individual camping equipment (tent, sleeping bag, mat, backpack)
- Insurance for the active part of the route: MS-450000, SNA-30000

- Insurance for the not active part of the route: MC-150000, SNA-30000
- Excursion to the Upper Uimon village (on the tenth day of the route)
- Cargo transportation horses (on the second and the third days of the route)
- Recreational fees
- Transfer from Ust-Koksa to Multa, Maralnik and back.
- border permit
- visa invitation

**The tour does not include:**

- Meals on the way
- Bathhouse service
- transfer from Novosibirsk/Barnaul to the starting point of the route and back to Novosibirsk/Barnaul

Novosibirsk - Ust-Koksa - Novosibirsk - 6000 rubles  
Barnaul - Ust-Koksa - Barnaul - 5800 rubles  
Gorno-Altaiisk - Ust-Koksa - Gorno-Altaiisk - 4200 rubles

## Trip Description

Altai Mountains - one of the most beautiful and unexplored places on the planet because of its identity. The nature here is preserved in its original form. Among the most amazing, breathtaking treasures of Altai - alpine lakes, formed mostly by glaciers. Glaciers are not only prepared a bowl of lakes, but also brought back with a huge boulders - moraine, which formed a dam in mountain rivers and led to the accumulation of large amounts of water. Blue and green, specular and nacreous lakes and their entire cascades - a whole world for researchers, photographers, hikers and beauty lovers. Plunging into a lake - the best way to feel unity with the unique nature of Altai, to feel all its harmony and diversity. And the unique route that allows to see and feel the maximum number of water bodies - a true gift for tourists.

Tour begins with a walk along beautiful river of Altai - Akchan river. It originates from the lake between Multa and Kuragan, and after 25 km flows into the Katun river. After admiring the spectacular views, tourists will go to the valley of the Sarybel river. There is a sacred Altai mountain Kolban (3130 m), which has a very regular shape resembling a pyramid without the top and about ten turquoise lakes beside the mountain. Tourists will come to two of that lakes through the valley of the Sarybel river. Base camp will be set there to make radial trips to the most beautiful places - to the valley of the Nine lakes and valley of Kyrgyz lake, located on a high plateau (2,150 m above sea level). Exploring the area of the sacred mountain, the tourists come to the source of Akchan river - that turquoise lake surrounded by boulders, visit Alla-Askyr lake with amazingly blue water, surrounded by harsh mountain peaks. Also, the tourists will visit the Kuyguk lake with its 30-meter waterfall, and will visit the village of Old Believers - Upper Uimon, one of the oldest villages of Ust-Koksinsky district founded in the 17th century by Old Believers. There are Rerih Museum and the Old Believers Museum in the village.

**Features of the route:**

- We try to make your trip as comfortable as possible and provide all the necessary equipment: double tents TORINO, warm 3-layers sleeping bags filled hallofayber (heat retention to -5 C), mats, awning, cooking equipment.
- Our route specially laid on the amazing picturesque places to allow photo and video enthusiasts to take unique pictures as a memory of the visit Altai Mountains.
- Throughout the route our professional, unique and extraordinary tour guides, which are already more than 10 years accompany tourists on our routes and deserve sincere love and gratitude on the part of tourists, will take care of you and feed you delicious food cooked on fire.
- We provide transportation service from another cities (Novosibirsk, Barnaul) to the starting point of the route .
- The route is a trekking along mountain paths, which does not require special skills but requires good physical condition. We don't recommend take this tour to people in need of constant medical supervision. Children from the age of 14 can join tour, but only accompanied by an adult, from 16 years old and older can travel alone.
- Throughout the route tourists live in tents for 2 people, we provide all the necessary personal and group equipment: sleeping bags, mats, backpacks, tents, fire equipment, awning. We recommend to take a personal sleeping bag liner.
- Our tour guides have a first aid kit with necessary medications in the camping set. Don't forget take specific medications you need. Plasters, bandages and cough drop also necessary.
- You take a part in the camp arrangement (setting tents, firewood collection, etc.). Food is cooked on fire or on gas (in places where there is no firewood). Our guides cook a food but you can take part of it. The menu includes: canned meat, fish, peas, maize, canned beans, oil, cereals, pasta, cheese, sausage, bacon, vegetables, fruits, cream, raisins, dried apricots, nuts, chocolate, tea, coffee, cocoa, condensed milk, sweets, biscuits, bread, crackers.
- For transportation equipment as tents, awnings, fire equipment and food on second and third days of the route we use horses. Tourists carry only a sleeping bag and personal belongings (6-8 kg) in their backpacks. Tourists can additionally hire a horse to carry personal belongings on second and third days of the route. The price of one horse per day -1000 rubles, a horseman - 1300 rubles per day. Using horses in other parts of the route is not available. On the 9th day - descent down the trail to the village Multa and Maralnik.
- The program can be changed due to objective reasons: weather conditions, emergency recommendations etc.

## What to Pack

### What to Pack:

- Down jacket or a warm jacket
- Waterproof clothing (raincoat, jacket, pants)
- Trekking shoes
- Sneakers and shale (light slippers)
- Personal sitting mat
- Warm sport suit and a warm hat
- Cotton gloves
- T-Shirts (2 - 3 pieces).
- Shorts
- Woolen socks (2 pairs)
- Thin socks (3-4 pairs)
- Sun cap
- Sunglasses and sunblocking cream
- Swimsuit / trunks
- Flashlight
- Jackknife
- Matches
- Batteries for your devices
- Personal set of dishes
- Personal hygiene items
- Medicine: plasters, bandages, elastic bandages, iodine, painkillers etc.

Please keep in your mind!

For entry in the Ust-Koksinsky district, foreign citizens must provide some relevant documents to cross the border zone, 60 days prior the proposed date of entry!

Foreign citizens should submit the following documents to travel agency:

- copy of passport
- address
- phone number
- information on the work site (name, address, phone number)